

Examining the Healthcare System Burden Attributed to the Litani

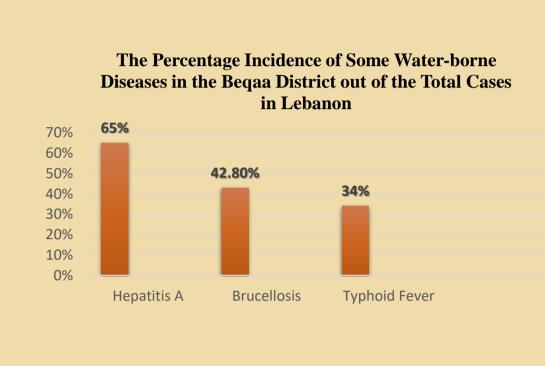
River Pollution in Lebanon

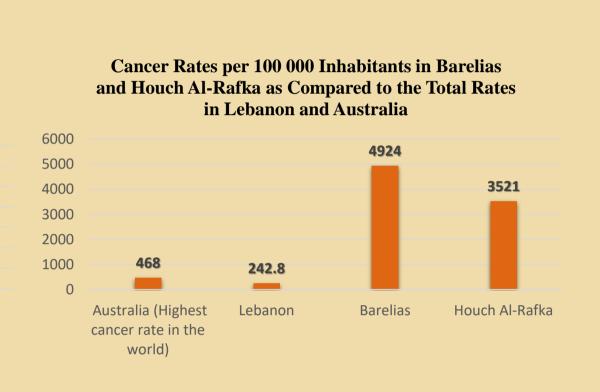
Student: Zeinab Awad, HMPD Advisor: Dr. Shadi Saleh Second Reader: Dr. Mey Jurdi



Rationale

- The Litani River suffers from extreme multifactorial pollution that is challenging its ecological wellbeing and adversely impacting the health of the public as well as the healthcare system in Lebanon.
- Deteriorated water quality has a negative implication on the health of the public.
- Increased incidence of waterborne diseases and cancer rates has been recently recorded in areas within the Litani River Basin.





• Hence, the Litani River pollution is exerting a preventable burden on the healthcare system in terms of the healthcare costs associated with the attributed diseases.

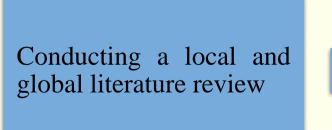
Objectives

demonstrate magnitude and the adverse public health implications of the Litani River pollution

To understand the underlying factors contributing to the culmination of the Litani River pollution

To synthesize an evidence base in support of a comprehensive approach for effective abatement and control of the problem

Process/Methodology





Drafting policy elements to address the problem based on the findings



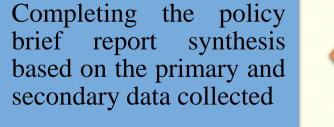
Interviewing key informants understand perspectives and standpoints towards the findings



Challenges: The COVID-19 pandemic and its associated lockdown measures might have made it more difficult to reach out some key informants

50% response rate among the

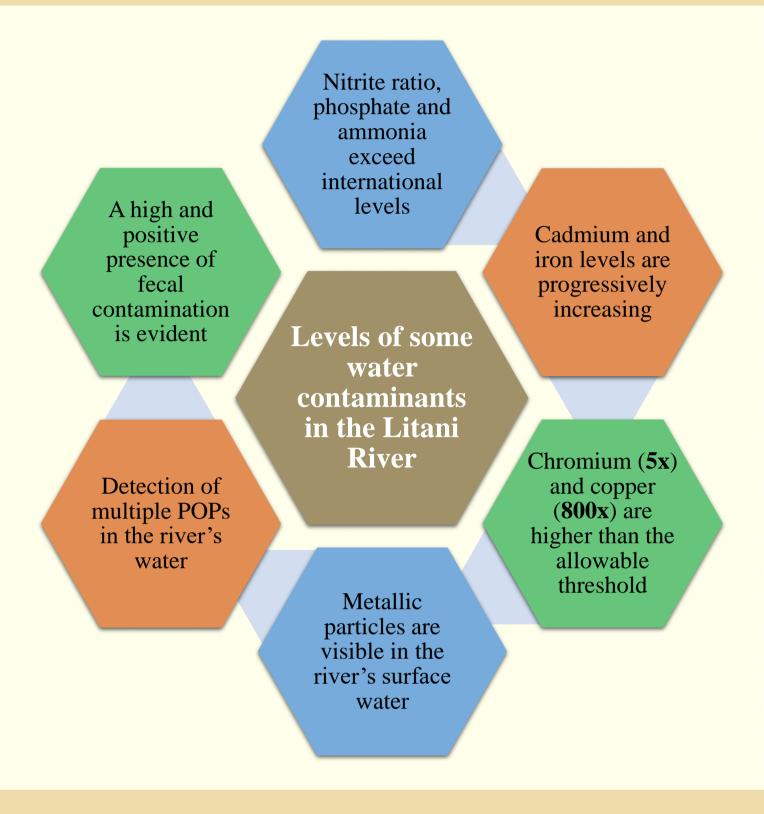
recruited key informants



thematic analysis

Findings

Magnitude of the Litani River Pollution



Contributing Factors to the Litani River Pollution

Governance Arrangements

- Lack of technical and human resources at the water sector associated entities
- Absence of effective monitoring and evaluation mechanisms for pollution control
- Poor cooperation and coordination among the involved stakeholders within the water sector
- Excessive centralization of decision making around water governance
- Outdated and/or poorly implemented water related laws and regulations
- Mismanagement of the Syrian refugees' crisis and misplacement of

Delivery Arrangements

- Random dumping of solid waste along the Litani River
- disposal of untreated wastewater (46 million m³ yearly)
- Overuse of pesticides and fertilizers in agriculture (pesticides and fertilizers used are double and triple than the required dose)
- Disposal of untreated industrial effluent (4 million m³ yearly)
- Insufficient number of wastewater treatment plants in operation
- Deficient sanitation infrastructure

pollution and protection of the public's health

1 systematic review and 8

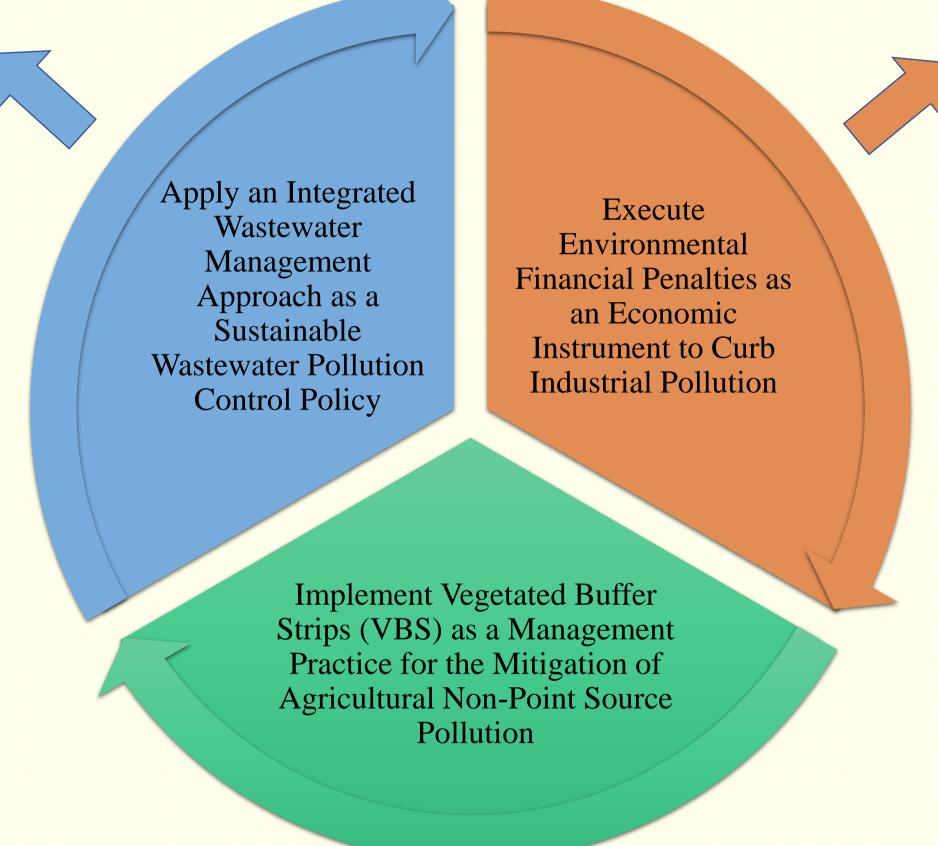
retrieved primary studies

illustrate the effectiveness of

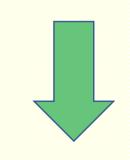
management approaches for

the prevention of water

primary pollution particularly industrial wastewater pollution



Policy Elements of a Comprehensive Approach



2 systematic reviews, 1 metaanalysis, and 12 retrieved primary studies present the efficacy of VBS in abating agricultural nonpoint source pollution through reducing agricultural runoffs' volume and pollutants content

Financial Arrangements

- 152% **debt to GDP ratio** in Lebanon
- Poor allocational capacity of national funds ■ Lack of **financial autonomy** of water sector
- associated entities Corruption and lack of accountability and governmental transparency
- The most recent **financial and economic crisis** in the country

• Municipal wastewater and agricultural runoffs are the two main pollution burdens on the water quality of the Litani River.

- Industrial effluents dispensed into the river contain large quantities of toxic and hazardous chemicals that have detrimental health impacts on people of the various age groups.
- Therefore, addressing wastewater, industrial and agricultural pollution sources of the Litani river constitute the prioritized targets of evidence-based policy elements of direct interventions for comprehensive and effective abatement of the Litani River pollution.

Conclusion and Implications



As a critical public health concern and a substantial contributor to the avoidable socioeconomic burden on the national healthcare system in Lebanon, abating the Litani River pollution is a national public health priority that holds the premise of improved water quality, decreased community exposure to water related health risks, reduced water pollution related diseases and hence alleviation of the attributed socioeconomic tonnage on the national healthcare system; which is the end goal of this policy brief.